

Title: Parenting

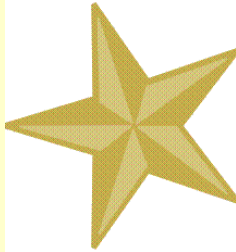
LD Grade 3/4	TK some of the symptoms of pregnancy
SD Grade 5/6	TU how life can change when you become pregnant
HD Grade 6+	TBAT evaluate the financial, social and emotional impacts of becoming a parent.

Key words: Contractions, Epidural, Forceps, Ventouse, Cesarean, Post natal depression,

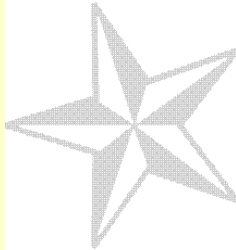
Do Now Task: List as many good / difficult things as you can think of about becoming a parent

HD: Can you explain whether each factor is a financial, social or emotional factor.

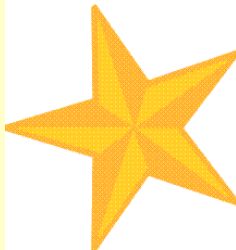
Link - starter



Baby relay race - 2 Flip chart papers, divided in 2 columns - good & difficult



Split class into 2 teams - each person must write one thing in each column (something different!). First team to finish is the winner!



3. Gold =

https://www.youtube.com/watch?v=ly_vHPZwZYM&list=PLB8778369BA8341EC&index=3

Parenting

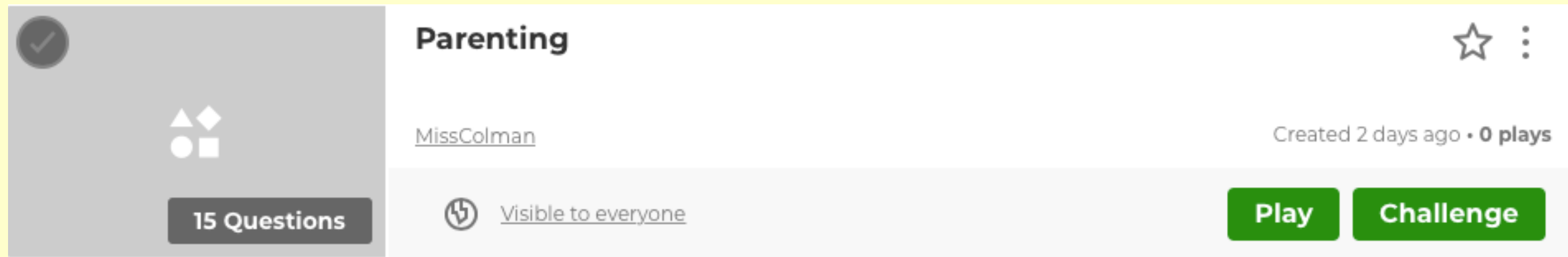
MissColman

Created 2 days ago • 0 plays

15 Questions

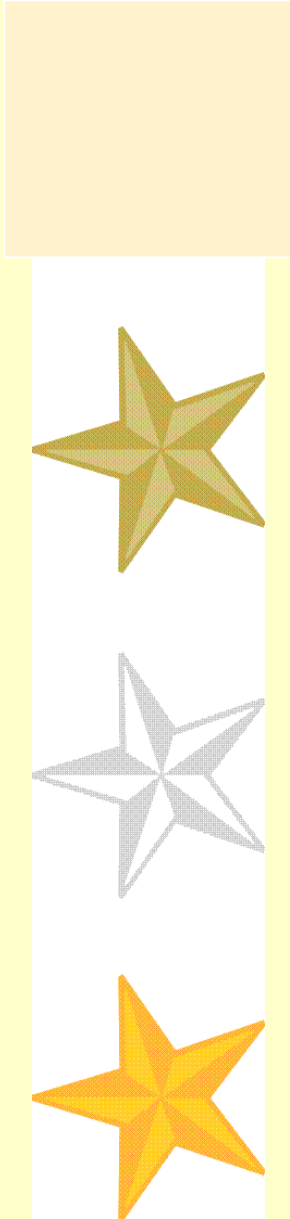
Visible to everyone

Play Challenge



<https://create.kahoot.it/share/parenting/5b4da9d3-4685-4546-b04e-d9a9bbf7e792>

Establish- Success criteria



....What are the success criteria for producing an information booklet for teenagers?

1. Bronze =

2. Silver =

3. Gold =

Station 1 Pregnancy: baby bump

1. Record your mass by standing on the scales.
2. Put on the baby bump and then record your mass again
3. Try touching your toes
4. Try doing some light exercising on the spot.
5. How does wearing the bump make you feel? Can you summaries in 30 words

HD: Evaluate the dangers of smoking and drinking alcohol when pregnant

Station 2: Cost of having a baby

- Using the list of items need and the ipads to research costs. Work out the cost of having a baby from conception to one year.

3: Birth

- Read through the fact sheet on birth.
- Write definitions for the following key terms:
- Contractions
- Epidural
- Forceps
- Ventouse
- Cesarean.
- Post natal depression

What advice would you give another young person on birth

WAITING TO DILATE?

From 4/5 engaged to 3 cm dilated, labour is filled with numbers you can't quite visualise! Check out our handy guide to find out how dilated your cervix is as your body prepares for birth.



1 cm
Cheerio



2 cm
Penny



3 cm
Banana



4 cm
Cracker



5 cm
Babybel



6 cm
Biscuit



7 cm
Can of pop



8 cm
Baseball



9 cm
Doughnut



10 cm
Bagel

Station 4: Nappies/ baby wearing

1. Change the babies nappy for a clean one. Use cotton wool and water to clean the bottom. Use a stop watch to time how long it took you to change the nappy.
2. In your group order the 3 nappies in age of the newborn.
3. You can need to change a babies nappy up to 12 every day. How many nappies would you use in the first year?
4. A nappy costs on average 13p. how much would you spend on nappies in a year?
5. HD: Can you work out how to put your baby in a sling?
6. HD: How much time would you spend changing nappies in the first year, can you work that out as a %?



On days 1-2

Wees: Two or more per day.

Poos: One or more per day. Poo at this stage is called 'meconium' or 'mec' for short. It's very dark green/brown/black and sticky, and it's already in the bowel at the time of birth.



On days 3-4

Wees: Three or more per day. The amount of wee increases, and the nappies feel heavier than before.

Poos: Two or more per day. The colour changes and looks more green. These poos are called 'changing stools' and they change because your baby is taking in more milk and digesting it.



On days 5-6

Wees: Five or more heavy nappies per day.

Poos: At least two soft, yellow poos per day. They're yellow, because there is no more 'mec' in the bowel.



False menstruation or pseudo menstruation is harmless. It is a very light bleed from the vagina in some baby girls. It comes from the effects of your own hormones on her system, and it soon stops.

Self assessment

- At the start of the lesson I didn't know that.....
- I can explain to someone else.....
- An important question to ask is....

Sex relationships and ethics

How does the internet influence modern day relationships?.

Next lesson.....