

Cycle 1 Homework

Subject: RE



This cycle you are learning about
Buddhism

Year 8

Topics included this cycle

The early life of Siddhartha Gautama

Siddhartha's Enlightenment

The Noble Eightfold Path

Sangha

The Five Precepts

Buddhism and the Environment

Expectations

- **Complete all homework tasks per cycle (or the equivalent time if doing a longer project).**
- **Complete 1 week of revision based homework per cycle ready for week 8.**
- **Your homework will be marked by a mix of self and teacher assessment.**

Name: _____

Teacher: _____

Task 1 The Middle Way

Due date:

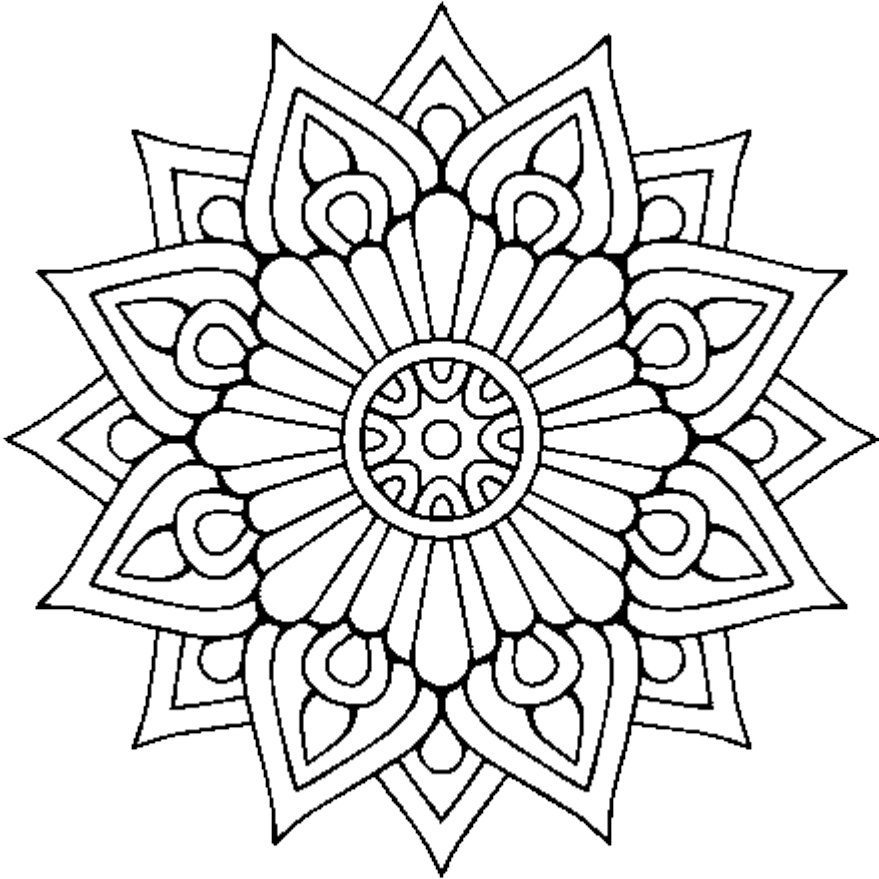
Explain what the Middle Way is and how you could use it in your life.

Why do you think Buddhists believe following a life of balance is the best way to achieve enlightenment?

Task 2 Meditation

Due date:

A key aspect of Buddhism is meditation. This is done in many ways - colouring, controlled breathing, guided meditation and many others. Spend ten minutes of quiet contemplation. You can go for a walk, colour the pattern below or just take time without any electronics on. Then write about how you felt during this time.



Task 3 Buddhism and the Environment

Due date:

Annotate the picture of the Buddha with the parts that are linked to the environment. What does it suggest about nature and how it should be treated?



Pick an environmental issue, explain what it is and explain how a Buddhist might respond to it. Refer to your previous learning in your answer.

Ideas: deforestation, ocean plastics, global warming, factory farming etc.

Not everyone revises in the same way. Now is the time to find out how you best revise. See below for some key tips.

How do I revise for exams?

The seven rules of revision

1. Make your own revision notes.

You'll learn as you write and, once you've got them finished, you're halfway there!



2. Be sure!

Be certain that you know exactly what you need to revise – use your revision list.

3. Concentrate on the positives.

Revise by thinking that each time you do it, you are making the exam easier.

5. Don't overdo it.

Concentration goes after a short period of time, so make sure that you take regular breaks.

6. Be confident.

Think positively about exams and you will take in more information.

4. Try new things.

Experiment with new ways of learning eg: mind maps variety beats boredom!



7. Focus

Avoid making pointless notes. Look at last years exam papers and see how questions could be asked.

Mind maps, past paper questions, flash cards, writing songs, visual note taking, recording yourself, look cover write check, get someone to test you, write tables, etc...

Revision

Parent/Carer Signature to confirm you carried out revision
for your assessment:

Signed..... Date: